EXECUTIVE ORDER
NUMBER EIGHTY-SEVEN

TO: HEADS OF ALL STATE DEPARTMENTS AND AGENCIES
RE: GOVERNOR'S COUNCIL ON PHYSICAL FITNESS

WHEREAS, better health and physical fitness of the people of Delaware is a desirable goal; and

WHEREAS, there is a need to provide emphasis on good health among citizens of all ages throughout the State of Delaware; and

WHEREAS, there is a need to coordinate the many and various efforts concerning physical fitness in the State and a need to motivate people to be aware of the benefits of physical fitness; and

WHEREAS, meeting the exercise needs of the American people is the first priority of the President's Council on Physical Fitness and Sports, and the governors' councils of other states.

NOW, THEREFORE, I, Pierre S. du Pont, IV, by virtue of the authority vested in me as Governor of the State of Delaware, do hereby declare and order that:

Section 1. A Governor's Council on Physical Fitness is established. Said Council shall encourage Delaware citizens to participate more actively in health and fitness activities that will help them live healthier, happier and more productive lives.
Section 2. The Governor's Council on Physical Fitness shall have the following responsibilities:

a. To supplement and complement the efforts of the President's Council on Physical Fitness and Sports as these efforts relate to the people of Delaware;

b. To sponsor appropriate fitness and education programs to inform the people of Delaware about personal health and fitness and encourage self-responsibility;

c. To advise the Governor and State officials on health and physical fitness matters within the State.

Section 3. The Governor's Council on Physical Fitness shall consist of not more than 20 members, each of whom shall be appointed by and serve at the pleasure of the Governor, and one of whom shall be designated by the Governor as its Chairperson. Members of the Governor's Council on Physical Fitness shall reflect the geographic regions of the State and include citizens with a personal or professional interest in physical fitness.

Section 4. This Executive Order shall continue in effect until amended, superseded, or terminated by subsequent Executive Order.

APPROVED this 22nd day of April, 1980.

[Signature]
Governor

ATTEST:

[Signature]
Secretary of State