

STATE OF DELAWARE



EXECUTIVE DEPARTMENT DOVER

EXECUTIVE ORDER
NUMBER EIGHTY

TO: HEADS OF ALL STATE DEPARTMENTS AND AGENCIES

RE: ESTABLISHMENT OF THE GOVERNOR'S COUNCIL ON LIFESTYLE AND FITNESS

WHEREAS, healthy lifestyles and personal fitness are essential to enhancing the quality of life for all Delawareans; and

WHEREAS, healthy lifestyles can prevent illness, disease and premature mortality; and

WHEREAS, I have outlined a Health Plan for the 1990s with four focus areas: Prevention and Wellness Promotion; Maternal and Child Health; Cancer; and Access to Health Coverage and Medical Services; and

WHEREAS, Delawareans have responded enthusiastically to my invitation to participate in the promotion and encouragement of healthy lifestyles among our citizens;

NOW, THEREFORE, I, MICHAEL N. CASTLE, by the authority vested in me as Governor of the State of Delaware, do hereby declare and order that:

2.

1. There is hereby established the Governor's Council on Lifestyle and Fitness to be composed of Delawareans from each county representing various community, civic and athletic organizations, health professions, schools, businesses, and other concerned individuals to be appointed by the Governor. One member of the Council shall be designated by the Governor to serve as the Chairperson.

2. The Council is charged with the following responsibilities:

- a) increasing our efforts to promote good health and healthy lifestyles;
- b) proposing ways to assist Delawareans in making responsible decisions about their health and fitness while promoting policies to support those decisions;
- c) publicizing progress being made in improving the health and fitness of Delawareans and advising the Governor as to areas in which the State can provide leadership;
- d) providing greater visibility and credibility for health promotional and educational activities and creating a constituency for such activities;
- e) coordinating our efforts with those of other public and private interests involved in health promotion and capitalizing on that partnership;

f) addressing specific risk factors which, when altered through targeted health promotion and wellness education programs, will result in improved health status and lifestyle behaviors.

3. The Council shall meet at least four (4) times per year and at such other times as the Chairperson may deem appropriate.

4. The Chairperson shall form such subcommittees as are deemed advisable by the Chair, and shall designate the members to serve on said subcommittees.

5. The Council shall submit to the Governor on an annual basis a report containing its recommendations and proposals. The first report to be submitted no later than December 31, 1990.

6. Executive Order Number Eighty-Seven, dated April 22, 1980, by Governor Pierre S. DuPont IV, is rescinded and is hereby replaced by this Order.



Approved this 15th day of February, 1990

Michael A. Quete
Governor

Attest:

[Signature]
Secretary of State