

## EXECUTIVE DEPARTMENT DOVER

## EXECUTIVE ORDER NUMBER TWENTY-TWO

TO: HEADS OF ALL STATE DEPARTMENTS AND AGENCIES

RE: RE-ESTABLISHMENT OF THE GOVERNOR'S COUNCIL ON

LIFESTYLE AND FITNESS

WHEREAS, healthy lifestyles and personal fitness are essential to enhancing the quality of life for all Delawareans; and

WHEREAS, healthy lifestyles can prevent illness, disease and premature mortality; and

WHEREAS, Delawareans have responded enthusiastically to my invitation to participate in the promotion and encouragement of healthy lifestyles among our citizens.

NOW, THEREFORE, I, THOMAS R. CARPER, by the authority vested in me as Governor of the State of Delaware, do hereby declare and order that:

1. There is hereby re-established the Governor's Council on Lifestyle and Fitness to be composed of Delawareans from each county representing various community, civic and athletic organizations, health professions, schools, businesses, and other concerned individuals. The Governor shall appoint the members and shall

designate the term of each member as either two or three years. One member of the Council shall be designated by the Governor to serve as the Chairperson.

- 2. The Council is charged with the following responsibilities:
  - a) promoting good health and healthy lifestyles;
- b) proposing ways to assist Delawareans in making responsible decisions about their health and fitness while promoting policies to support those decisions;
- c) providing greater visibility for health promotional and educational activities, creating a constituency for such activities, and publicizing progress achieved in improving the health and fitness of Delawareans;
- d) coordinating our State efforts with those of other public and private interests involved in health promotion and capitalizing on those partnerships;
- e) addressing specific risk factors which, when altered through targeted health promotion and wellness education programs, will result in improved health status and lifestyle behaviors; and
- f) advising the Governor as to areas in which the State can provide leadership to further promote healthy lifestyles and personal fitness.
- 3. The Council shall meet at least four times per year and at such other times as the Chairperson may deem appropriate.
- 4. The Chairperson shall form such subcommittees as are deemed advisable by the Chairperson and shall designate the members to serve on said subcommittees.

- 5. The Council shall submit to the Governor an annual report containing its recommendations and proposals. The first report shall be submitted no later than March 30, 1995.
- 6. Executive Order Number Eighty, dated February 15, 1990 and signed by Governor Michael N. Castle, is hereby rescinded and replaced by this Order.



Approved this 2<sup>ND</sup> day of November, 1994

Governor

Attest:

Secretary of State